

Introducing Saltwater Fly Fishing

Agenda

- Meeting between 9.00 and 9.30
Introductions and safety
- Part 1—Effective fishing knots
- Part 2—Finding fish and fishing effectively
- Part 3—Fly selection, retrieves
- *Next Course P4. Improved Saltwater Casting*



SEAi~

Certified group facilitation and adult education.
Certified first Aid 2008.
Dip Business Management

Each course lasts for three hours. The cost of each course is 90.00 euros per person. Travel can be arranged if required.

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Part 3 Beyond the basics of Saltwater Fly Fishing South East Angling Ireland



SEAi~ SWFF part three

Part 1 *Introduction*

Course Three

Beyond the basics of Saltwater Fly-Fishing

Welcome to this comprehensive introduction to the exciting sport of saltwater fly fishing. Today you will learn new techniques that will help improve your saltwater fly fishing.

Learn how to tie various effective knots, like the Albright and nail knot. Loop to loop connections Discover places that hold fish and how you can understand and fish them more effectively. Learn how to make decisions regarding fly selection and line type. What are the most effective retrieve methods and when should you use each one. Casting techniques to help when conditions are tough and windy. Casting big flies for big fish SAFELY.

Topics Covered

- **Safety when fishing—you, other people and the environment.**
- Various knots their uses and how to tie them
- Places to find fish and how to fish them effectively
- Correct decisions regarding fly selection
- Effective retrieves and how to use them
- Casting techniques when conditions are tough
- Casting big flies for big fish with safety in mind
- Short questions and answers session.

Part 1 *Effective fishing Knots*

It is an inevitable part of fishing that two lines must at some stage be joined together. I will demonstrate how to tie the following knots which will be of great use to you when fly fishing.

1. The Albright knot
 2. The blood knot
 3. The surgeons knot
 4. The double uni-knot
 5. The nail knot
- Knots are your weakest link to the fish, so inspect knots for damage while fishing
 - Retie knots after catching a fish. It will pay off when the big one bites. There may be hidden damage from the stress.
 - Make sure knot wraps are lying cleanly inline. Overlapping line will cut your knot strength.
 - Wet your knots before cinching tight. (saliva or a water bottle)
 - Pull knots tight with firm even pressure. Don't jerk on knot!! That will stress the line and weaken its strength.
 - Trim knots to about 1/4 inch in length unless its a knot that travels though the guides. The extra bit of line may hold the knot if it slips.
 - Use finger nail clippers to trim your knots. Your dentist bill will thank you.
 - Cut of minor nicks and cuts on your leaders and mainline
 - Make sure you have enough wraps on your knot and always take your time when tying.
 - On hooks never tie a knot to the hook eye unless the hook is designed for it. Tying the knot on the eye puts extra stress on your hook shank and eye. Big fish will shear off or straighten your hook.